

Briefing for local stakeholders with an interest in social care, health and communities

Adult Social Care | Information and Engagement Team



Monthly Briefing

Information correct as of 27 July 2021

Coronavirus roadmap – changes from 19 July

Last week marked a new point in the roadmap with the easing of more restrictions. Social distancing and mask wearing are no longer mandatory but is still advised especially in crowded places and health settings. The full list of changes can be found on [GOV.UK](https://www.gov.uk).

COVID-19 Vaccine Passport Scam

Be aware of a COVID-19 Vaccine Passport scam email in circulation that purports to be from the NHS and informs recipients that they can apply for their “Digital Coronavirus Passports”.

Clicking on the link within the email, takes you to a convincing but fake NHS website that asks for personal and payment details. The most recent website has since been taken down, but in case similar emails/websites appear, please alert your residents, members, groups and mailing lists. Your vaccination status is obtained FREE through the NHS App, [website](#) or by calling the NHS on 119.

More information can be found on [GOV.UK](https://www.gov.uk). Please note that any Phishing scams can be reported to SERS (Suspicious Email Reporting Service):

Email: report@phishing.gov.uk

First Community’s COVID-19 Rehabilitation Team recognised

[First Community’s COVID-19 Rehabilitation Team](#) were highly commended in the Respiratory Quality Improvement category at the Kent, Surrey and Sussex (KSS) Academic Health Science Network (AHSN) Awards 2021.

First Community first launched its service to support patients requiring multi-disciplinary rehabilitation following COVID-19 in May 2020. The service developed the Long COVID Pathway in January this year in line with updated guidance published by NHS England and Improvement.

The pathway worked to ensure patients didn’t stay in hospital longer than they needed to and, when necessary, were offered longer-term follow up treatment and support for respiratory

complications, fatigue management, pacing and exercise tolerance to help improve their quality of life.

To date, the team has received 470 referrals to the service and patients' health outcomes have been measured at various stages throughout their recovery. Results so far have showed that patients have been able to resume some of their usual daily activities and showed a reduction in anxiety, depression and fatigue.

For more information, please visit [First Community Health and Care](#).

CQC's June's COVID-19 insight report

The [June edition](#) of the Care Quality Commission's COVID-19 Insight report, aims to help everyone involved in health and social care work together and learn from the pandemic.

This insight report looks ahead to the publication of provider collaboration review of how services across seven local areas in England have worked together for people with a learning disability during the COVID-19 pandemic.

The CQC has also updated their regular data, including the number of deaths of people in care homes and of people detained under the Mental Health Act.

For further information, please visit [Care Quality Commission](#).

Update on Frimley Health and Care Integrated Care System

Following the publication of the White Paper earlier this year, the recent NHS Bill will lead to the establishment of statutory Integrated Care Systems (ICSs) from April 2022.

As part of this journey, and following on from the recent engagement process, the Secretary of State for Health and Social Care, Sajid Javid has been considering the boundaries of a number of ICSs across the country.

It has now been confirmed that [Frimley Health and Care Integrated Care System](#) (ICS) can continue to develop along its existing boundaries from April 2022.

This means that Frimley ICS will become a statutory organisation from April 2022, and the areas of Surrey Heath, North East Hampshire and Farnham and East Berkshire will remain within the existing Frimley ICS boundaries.

For further information, please contact [Frimley Health and Care](#).

ReSPECT training for care home and community staff in Farnham and Surrey Heath

[ReSPECT](#) stands for 'Recommended Summary Plan for Emergency Care and Treatment' and it involves people creating personalised recommendation for their clinical care in emergency situations where they are not able to take decisions or express their wishes.

[Frimley Health and Care](#) is inviting all care home and community staff that are employed within East Berkshire, Surrey Heath or North East Hampshire and Farnham to receive free online training on ReSPECT.

For further details on the training, please visit [Frimley Health and Care](#).

Surrey secures nearly £3million of additional support for the county's most vulnerable people

Surrey County Council has been awarded nearly £3million to provide additional, tailored support to homeless people and other vulnerable adults, to help them rebuild their lives.

The council, working with a range of public service and voluntary sector partners, made a successful bid for funds under the Changing Futures programme, which aims to support those who face a combination of homelessness, substance misuse, poor mental health, domestic abuse or contact with the criminal justice system. The Changing Futures programme is a £64 million joint initiative by the Ministry of Housing, Communities and Local Government (MHCLG) and The National Lottery Community Fund; the largest funder of community activity in the UK. The fund is for local organisations to work in partnership, to better support those who experience multiple disadvantage.

A specialist "trauma informed" outreach service is currently being developed in conjunction with vulnerable people, homeless organisations and experts in mental health, substance misuse and domestic abuse. As part of this work, staff and volunteers at Surrey's homeless charities and organisations will be trained to assist those who have experienced and/or are living with trauma. A charter (currently under development), will set out in more detail how this will work.

Staying safe in hot weather

[South East Coast Ambulance Service NHS Foundation Trust](#) (SECAmb) is reminding people for the need to take care in the sun with the return of warmer weather and ahead of the start of the school summer holidays.

People are also urged to be sensible as coronavirus restrictions are eased and to be mindful of the impact their actions can have on the ambulance service.

Hotter weather typically results in an increase in calls to the ambulance service relating to dehydration and heat stroke. Higher temperatures can also seriously affect people with long-term health issues such as heart conditions or high blood pressure.

SECAmb have shared some [useful tips](#) on how to stay safe in the sun over the coming weeks and how to help someone suffering from heatstroke.

The Health and Disability Green Paper consultation

The DWP has recently published [Shaping Future Support: The Health and Disability Green Paper](#).

This Green Paper explores how the benefits system can better meet the needs of disabled people and those with health conditions. The conversations they have had with disabled people, people with health conditions, and their representatives, have shaped the ideas, proposals and questions in the Green Paper.

The consultation includes changes which could:

- Enable independent living and testing the role of advocacy so people who need extra help to navigate the benefits system get the right level of support and information first time.
- Review how assessments are carried out including exploring the potential for longer-term use of telephone and video assessments and looking at how reassessments work including testing a new Severe Disability Group (SDG) for people with severe and life-long conditions that will not improve. This could see those who meet the criteria experiencing a more simplified application process, without the need for an assessment to receive financial support
- Improve support for disabled people to help them start, stay and succeed in work through the Work and Health Programme, Access to Work and on personalising employment support, recognising that one size does not fit all.

They want to hear from disabled people and their representatives about the approaches they should consider to improve the system. Following the consultation, detailed proposals will then be brought forward in a White Paper next year, setting out how they can better enable people to take up work and live more independently, and outline the changes they want to make to the benefits system to better address structural and delivery challenges.

The Green Paper, along with accessible versions and a link to the consultation site, is now available on [GOV.UK](#) until the 11 October 2021.

Surrey launches new greener transport plan

Earlier this month, [Surrey County Council](#) launched a three month consultation on [Surrey's new Transport Plan](#) which includes plans to reduce the 46% of carbon emissions currently generated by transport.

Proposals include increasing walking and cycling routes to encourage people out of their cars, providing more charging points and parking for electric vehicles, more bus services, charging for transport use and introducing car clubs, as well as improving internet connections for home-working and redesigning neighbourhoods that enable easier access to local services, lessening the need to travel by car.

The consultation survey is available on [Commonplace](#) until 24 October 2021.

Bereavement Support Group launches

[The Brigitte Trust](#) will be running free structured eight-week bereavement courses run by a professional facilitator for anyone in Surrey in need of bereavement support.

The course will be limited to a maximum of 12 people and will be run in different parts of Surrey according to need. The first course will be held on a **Monday morning** from **10.00 am** to **12.00 pm** and will be based in Dorking starting in July.

The next course is likely to be in the West of Surrey in September. There will be refreshments along with parking and disabled access to toilets.

For more information or to book a place, please contact Sarah Pattenden:

Email: sarah.pattenden@brigitte-trust.com

Telephone: 07469 932192

Healthwatch Surrey's annual report published

[Healthwatch Surrey](#) has recently released their [Annual Report 2020-21](#). This year, in addition to their retrospective review, they have produced a two-page summary of their [priorities](#) for the year ahead.

In the last year, despite the challenges of engaging remotely, local people have shared over 5,000 experiences of health and care services, and they have provided information and advice to almost 2,500 people.

In the year ahead, Healthwatch Surrey will be prioritising their work around mental health, care at home, and access to care. They will continue with their ongoing agenda-free listening programme across Surrey; empowering and supporting local people to get involved with local services; and their provision of information and advice to enable local people to get the best out of their health and social care services.

The themes present in the [June insight](#) report include:

- Praise and thanks from the people of Surrey
- GP access – untangling the drivers of frustration
- Adult Social Care – confusion over finance
- The cost to healthcare providers of poor patient administration.

For further information, please visit [Healthwatch Surrey](#).

Partnership work promotes power of music to bridge gap between generations

Elderly residents from Keswick Care Home and children aged 10 and 11 from Eastwick School in Bookham are bridging the gap between generations, using music making to inspire confidence and tackle loneliness, anxiety and isolation.

The innovative '[Together With Music](#)' pilot, is the result of a collaboration between Mole Valley District Council (MVDC), Surrey Downs Integrated Care Partnership (ICP) and Intergenerational Music Making (IMM). The six-week pilot follows a time of isolation and has supported those living with dementia and challenging circumstances to create a stronger, healthier, intergenerational local community.

Each session has been creatively unique, encouraging development and exploration within the music making. This project includes a variety of pre-composed and improvised music making, interactive musical and sensory activities, song-writing, choral singing and musical performances from both the young and old. The sessions, facilitated by senior music therapist Marion Barton, conclude with talking time which gives the young and old an opportunity to establish relationships, share stories and discuss the week ahead.

For further information, please visit [Surrey Heartlands Health and Care Partnership](#).

Catalyst support services

[Catalyst](#) is a non-profit organisation working with people who are dealing with issues stemming from drug and alcohol misuse and mental health – including housing, involvement with criminal justice, relationships with family and friends and getting back into work.

[Reach Out Counselling](#) is a National Lottery Community funded service throughout Surrey which offers up to 12 weeks of free counselling to people struggling with substance use issues and is also available to friends and family. Counselling is also available for friends, family members and partners who need support to cope with living with someone else's dependence – to help them make decisions and explore choices.

For more information including contact details, please visit [Catalyst](#).

The [i-access service](#) is commissioned by the Public Health team at Surrey County Council and is a drug and alcohol service for people in Surrey who want help with their problematic drug use and / or are dependent on alcohol and want to stop. They provide advice and information, one-to-one and group sessions and detoxification services to support recovery. They accept self-referrals, GP and other organisation referrals.

For further information about the i-access service, please visit [Catalyst](#).

Free training for professionals to support unpaid carers

[Action for Carers Surrey](#) run two free courses for professionals to better understand how to identify, support and refer carers. They are open to any professional in Surrey involved directly or indirectly with any form of service, support or intervention to ensure good practice in working with clients and families.

- [Because Carers Count](#): This day workshop offers and insight into carers' lives, their need for equality of opportunity and support, facts and figures about the impact of caring along with details of carers' services in Surrey.
- [Think Carer, Think Family](#): This day workshop gives an understanding of how to support carers of all ages, by developing a whole family, personalised and strengths-based approach and best practice in personalised support for carers and families at all stages of their journey.

A poster is available to [download](#) to share with colleagues and further details can be found on [Actions for Carers Surrey](#).

Headway Surrey courses

[Headway Surrey](#) is offering two special courses in Surrey for Acquired and Traumatic Brain injury survivors and families:

- [The Carers' Survival Toolkit course](#) starts in September and lasts for six weeks. The course offers families and carers the opportunity to learn more about the brain, the consequences and impairments associated with brain injury, and practical advice. It provides an opportunity for carers to ask questions and share experiences. The six sessions focus on a different theme each week, fatigue, cognition, emotions, behavioural changes, communication. Six sessions, lasting 1.5 hours a week, run in a friendly and relaxed group format with qualified Rehabilitation Coordinators, who specialise in brain injury.
- The short term [counselling sessions](#) for those living with brain injuries, their families and/or carers, lasts for six weeks. The counselling service is run by a fully qualified accredited Brain Injury Counsellor and Brain Injury Case Manager and offers emotional support for those who are struggling with life after a brain injury including mental health issues. The service offers a safe space to enable change without judgement where each person can explore and discuss their issues.

Both courses are £60 for 6 sessions. For further information, please contact [Headway Surrey](#):

Email: enquiries@headwaysurrey.org

Telephone: 01483 454433

Events from Mary Frances Trust

[Mary Frances Trust](#) run a range of events, both in person and virtual from Mindfulness and Yoga, to wellbeing walks and book clubs. Further details including how to join are available from the [online events calendar](#).

UpRising - Stand Out Programme available for young people

[UpRising](#) is running Stand Out, a free one-month online curriculum with up to twelve months of mentoring from a trained mentor to help young people age 18-25 stand out in a competitive job market. It is a collection of carefully curated online sessions all available to re-watch at any time. From online socials to meeting with employers to resilience workshops, it has a wide range of resources to help young people find a job, develop skills and make new friends.

For further details, please visit [UpRising](#).

Current open Surrey County Council consultations

Find all [open](#) consultations on Surrey Says.

Submitting an article for the ASC Information and Engagement Team Briefing

If you would like us to include an article on behalf of your organisation in the next edition, please email: asc.engagement@surreycc.gov.uk

Please note that we are unable to include attachments when we circulate the briefing, so please ensure that any documents that you wish to reference are uploaded to your own organisation's website or a partner website.

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